

Little Dance and Cheer

Stanton little dance and cheer camp will perform on 1/14 at halftime of the boys game. Please arrive at the Viking Center by 6:45pm. We will practice and walk over to the gym. Please have girls wear their camp shirts along with black pants! Any questions please reach out to Jana at 712-789-0145

Poetry Tea Time

The first weekly Poetry Tea Time was held on Tuesday, Jan. 7 after school. Students and staff interested in poetry met in Mrs. Carpenter's room for tea and poetry readings offered by everyone from their favorite poets! The group plans to meet again on Tuesday, Jan. 14 and all who attend will bring a piece of their own work to share! For more information stop by Mrs. Carpenter's room and come join the fun!

Elementary Musicals are coming up in March!

The lower elementary (K-3rd graders) will be doing a musical called "Squirm" - Yes! It will make you squirm! This fun musical will feature snakes, worms, bats, and spiders and more things that make most of us squirm. The exact date and time are still being determined. For sure it will be during the 1st Week of March. More information to come.

The upper elementary (4-6th graders) will be doing Willy Wonka JR. This classing musical features Willy Wonka who is the Candy Man! He is looking for his replacement because he is retiring. We have Oopma Loompas, Candy Kids and Squirrels along with the classic hilarious characters who will relive the classic story based on the book "Charlie and the Chocolate Factory by Roald Dahl. Watch for more details to come!

From Nurse Stacy's Desk

Goals for the new year:

- Eating healthy: Eating a healthy diet low in cholesterol and eating more nutritious foods
- Being active: Getting regular physical activity, even if it's just 10–15 minutes a day
- Avoiding harmful habits: Quitting smoking or vaping, and cutting back on alcohol
- Reducing stress: Connecting with people in person and practicing positive self-talk
- Sleeping better: Getting enough sleep
- Drinking more water: Staying hydrated by carrying a reusable water bottle and eating more fruits and vegetables

Here are some tips that might help you make and stick to your healthy New Year's goals:

- Start small: Take small steps to change your daily habits.
- Find an accountability partner: Work with a friend or small group, or hire a personal coach.
- Set achievable goals: Make a plan that you can sustain.
- Check in with your doctor: Get your blood pressure, blood sugar, and cholesterol checked, and make a plan for any numbers that need attention.
- Speak with your healthcare team: Before significantly changing your health and fitness routine, especially if you have chronic health issues.

Hoops

Jr. High Girls Basketball

The Viqueens have started the second half of their season. The girls continue to work in the gym and weight room. On Tuesday, we played against the Griswold Tigers. We got everyone into the game and the Queens demonstrated nice teamwork! The W went to Stanton with the final score, 55-9. This Friday, we take on Fremont-Mills Knights. Next week, the team has a busy week of three games. Thank you for the great support!

Girl's Basketball

Monday, January 6 the ViQueens played the East Mills Wolverines. Our first game of the holiday break was a very successful evening for the Queens. They had a dominate win over the Wolverines 43-11. Hannah Olson led in points with 17, Lauren Johnson led with 9 rebounds and 6 steals, both Kiela Franzen and Kyla Hart had 3 assists, and Hannah Olson and Riley Burke each had a block.

A quick turnaround for the Queens led them to play the Griswold Tigers Tuesday night for another victory. The Queens defeated the Tigers 60-24. Hannah Olson had 22 points and Lauren Johnson had 19. Lauren Johnson had 6 rebounds, Riley Burke and Kyla Hart each had 5 assists. 2 blocks each for the night for Kiela Franzen and Hanna Olson. Lauren Johnson did some damage with 5 steals. The ViQueens are back in action Friday night. Come catch another Corner Conference home game as the Queens take on the Knights!

Winter Wear Reminder!!

Clothing needed for recess...

- O 51-60 degrees long sleeves are needed
- O 41-50 degrees jacket or sweatshirt is needed
- O 33-40 degrees coats are needed
- O 32 degrees and below -
 - Students must have: Coat. Hat. Gloves

(The elementary office has extra hats and gloves if a student needs them.)

To play in the snowy area, students must have: Coat, Hat, Gloves, Snow Pants, Snow Boots

Recess Temperature Guidance

- Kindergarten, 1st Grade, & 2nd Grade will stay in from recess if the real or feel-like temperature is 15 degrees or below.
- 3rd Grade, 4th Grade, & 5th Grade will stay in from recess if the real or feel-like temperature is 10 degrees or below.
- If the real or feel-like temperature is 100 degrees or above, we will stay inside for recess.

From Our Principal, Mrs. Elwood

The district has a current job opening for a paraeducator. Interested applicants may apply online at www.iowaworks.gov or submit their letter of application, resume, and references to Mrs. Katie Elwood at kelwood@stantonschools.com.

January is National Mentoring Month. Teammates Mentoring of Stanton is looking for additional mentors to join our program. We currently have 8 boys and 3 girls waiting to be matched with a mentor. If you would like to make a difference and apply to become a mentor, you can find application information at www.teammates.org. If you have any questions regarding mentoring, please contact either Ashley McDonald or Katie Elwood at 712-829-2162.



What's Cookin?

<u>Monday, Jan 13:</u> Breakfast: Cereal, Fruit, Juice, Milk. Lunch: Rib/Hot Dog, Baked Beans, French Fries, Pineapple, Apple Slices, Milk.

<u>Tuesday, Jan 14:</u> Breakfast: Breakfast Burrito, Fruit, Juice, Milk. Lunch: Cheese Ravioli, Lettuce, Carrots, String Cheese, Pears/Applesauce, Breadstick, Milk

<u>Wednesday, Jan 15:</u> Breakfast: Breakfast Bar, Fruit, Juice, Milk. Lunch: Ham & Cheese Sandwich, Peas, Green Beans, Oranges Tropical Fruit, Rice, Milk

<u>Thursday, Jan 16:</u> Breakfast: Donut, Fruit, Juice, Milk. Lunch: Chili, Carrots, Pears, Applesauce, Cinnamon Roll, Milk. <u>Friday, Jan 17</u>: Breakfast: Pancake/Sausage on a Stick, Fruit, Juice, Milk. Lunch: Grilled Cheese, Tomato Soup, Tri-tater, Cantaloupe, Pineapple, Milk.

BUY YOUR YEARBOOK

Prices for a yearbook have increased to \$65. It's still not too late to buy one! Look for a coupon in next week's bulletin!

Remember, this year we are offering not only a yearbook, but digital photos that we didn't have room to place in the yearbook for all who purchase one!

If you have any questions, call the High School office and leave a message for Charmla Carpenter.

STUDENT OF THE WEEK BEAU SALLACH "Beau is very polite in class. He actively participates in

"Beau is very polite in class. He actively participates in class discussions and completes all missing assignments on time. Beau demonstrates the core values of learning, respect, safety and community in all that he does."



Upcoming Events	
Friday, Jan 10	4:00 JH G BB w Fremont-Mills
	5:00 JV B BB w Fremont-Mills
Saturday, Jan 11	10:00 am Girls Wrestling at West
	Central Valley
	6:00 HS BB w Fremont-Mills
Monday, Jan 13	No Scheduled Activities
Tuesday, Jan 14	12:30 Bowling at Red Oak
	4:00 G JH BB at East Mills
	4:00 G/B JV BB w Bedford
	5:30 G Wrestling at Lenox
	6:00 HS BB with Bedford
Wednesday, Jan 15	1:05/1:15 Early Dismissal
Thursday, Jan 16	4:00 JH G BB at Essex
	4:00 JV G/B BB with Shenandoah
	6:30 HS BB with Shenandoah
Friday, Jan 17	4:00 JH G BB with Red Oak
	6:00 HS BB at Essex
Saturday, Jan 18	10:00 am Girls Wrestling at
	Waukee Northwest
	6:00 JH Winter Formal

Around Town

Fifth Quarter

There is a 5th Quarter at Mamrelund this Friday, January 10th after the home basketball game. All Stanton 7-12 students are welcome to attend. Students are welcome to hang out and visit with friends in the church basement until 11 PM. Thank you to all who have donated to make this happen!

STANTON COMMUNITY SCHOOL PATRON NOTIFICATION OF OPEN ENROLLMENT REQUIREMENTS

Parents/guardians considering the use of the open enrollment option to enroll their child/ren in another public school district in the state of Iowa should be aware of the following dates:

March 1, 2025—Last date for regular open enrollment requests for the 2025-2026 school year for students in grades 1-12.

September 1, 2025—Last date for open enrollment requests for entering kindergarten students and those students falling under the "good cause" definition for the 2025-2026 school year.

Parents should be aware that open enrollment may result in the loss of athletic eligibility.

For further details, contact the elementary office at 829-2171 or the high school office at 829-2162.